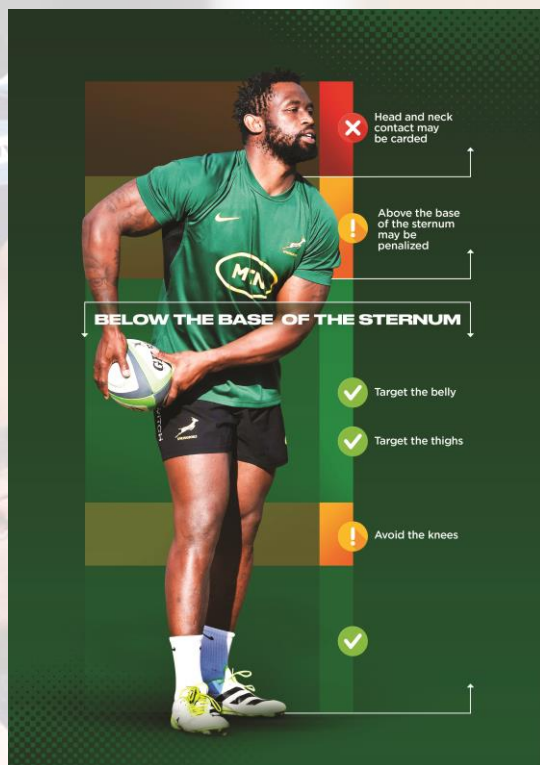


Coaches, Referees and Players do the [Tackle-Height Change Education](#) module on [MyBokSmart](#) NOW!

See what [Rassie](#) had to say about this.

- Adapt the way you coach and referee the tackle.
- Tackle-height:
Base of sternum and below.
- Condition players to keep heads up and drop their height quickly.
- Cannot simply tackle lower without focusing on correct technique.
- Law adaption to restrict the way in which the ball carrier is allowed to carry the ball into contact.
- Create a significant behaviour change now!



Have a better understanding of why these laws are being implemented and be part of the SOLUTION!

Do the [Tackle-Height Change Education](#) module NOW.

Law change **STARTED 1 January 2024** countrywide.

